

# What is a smartwatch?



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## Aim: What is smartwatch?

The smartwatch is otherwise a smartwatch. It is technologically advanced equipment that works well as a practical, everyday assistant. Its primary function is to check all import phone notifications. They concern incoming message phone calls, but also activity in social media.

## What functions can a smartwatch have?

1. It allows integration with smartphone, which allows you to receive notification about text messages and e-mail, about calls and other events directly on the display of the watch.
2. It allows you to access the web, browse popular social networking sites and use dedicated applications, and even a web browser.
3. Most models also offer simple entertainment games and applications.
4. Can be waterproof, which makes it easier to use outdoors (for example, running in the rain).
5. Has sports functions. It measures the distance traveled, steps taken and calories burned. You can also add pulse analysis and sleep activity monitoring.

## Summary

The smartwatch can be used by various people:

1. Smartwatch for runners- the devices have accurate and advanced applications that can check the amount of calories burned during activity, but also throughout the day. Smart watches will verify the number of steps taken, measure the distance traveled, estimate calories burned, check the heart rate and the weather.
2. Smartwatch for gadgets- smart watches are devices perfect for fans of technological innovations.
3. A smartwatch for enterprising and busy people- this people will also appreciate the numerous functions of smart watches. Checking notifications while travelling, meetings and conferences will help you stay up to date at work and in your personal life. In this case, the smartwatch will perfectly complement the phone's functions.
4. Smartwatch for children- The smartwatch for children has a locator that allows parents to look after their children and control them, but that's not all. Smart watches for children also serve the children themselves in play and communication.

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